

| Pl | Name | Jg | Verein | Zeit |
|----------------------|----------------------|---------------------------|---------------------------|---------|
| D-16 BW (3) | | 3,2 km 70 Hm 14 P | | |
| 1 | Anna Hoferer | 07 | OLG Ortenau | 43:10 |
| 2 | Livia Bauerfeld | 07 | OL-Team Filder | 1:56:10 |
| 3 | Ella Schmidt | 08 | OL-Team Filder | 2:02:42 |
| H-16 BW (6) | | 3,5 km 75 Hm 14 P | | |
| 1 | Daniel Schmidt | 09 | TSG Wiesloch | 27:35 |
| 2 | Domonkos Györfy | 08 | OLG Ortenau | 30:40 |
| 3 | Michel Salzer | 07 | OLG Ortenau | 37:35 |
| 4 | Simon Weber | 08 | TuS Karlsruhe-Rüppurr | 50:47 |
| 5 | Thomas Burckhart | 07 | OLG Ortenau | 53:52 |
| | Elia Näger | 07 | OLG Ortenau | N Ang |
| D-18 BW (5) | | 3,6 km 80 Hm 14 P | | |
| 1 | Marika Prolingheuer | 08 | TuS Karlsruhe-Rüppurr | 40:48 |
| 2 | Olena Kylosova | 06 | OL-Team Filder | 41:48 |
| 3 | Anja Breckle | 05 | TuS Karlsruhe-Rüppurr | 54:07 |
| 4 | Mariia Kylosova | 06 | OL-Team Filder | 55:06 |
| | Mara Buser | 06 | OLG Ortenau | N Ang |
| D19AL BW (3) | | 3,6 km 100 Hm 15 P | | |
| 1 | Nora Schüßler | 04 | Gundelfinger Turnerschaft | 36:09 |
| 2 | Bonnie Schimmeck | 97 | Gundelfinger Turnerschaft | 41:33 |
| 3 | Vivien Váradi | 95 | OL-Team Filder | 49:30 |
| H19AL BW (12) | | 4,7 km 140 Hm 16 P | | |
| 1 | Jakob Schach | 91 | SV Wannweil | 32:12 |
| 2 | Nico Bauerfeld | 05 | OL-Team Filder | 32:50 |
| 3 | Nils Javier Elbing | 96 | SV Wannweil | 33:46 |
| 4 | Colin Vavra | 96 | Gundelfinger Turnerschaft | 34:33 |
| 5 | Shankara Isha Berger | 93 | Gundelfinger Turnerschaft | 36:22 |
| 6 | Klaus Schwind | 71 | OLG Ortenau | 36:52 |
| 7 | Jakob Hoferer | 04 | OLG Ortenau | 39:13 |
| 8 | Steffen Hartmann | 81 | TGV Horn | 42:12 |
| 9 | Stephan Morgenstern | 91 | SV Wannweil | 47:50 |
| 10 | Manuel Werner | 01 | SV Wannweil | 57:44 |
| | Lars Maiwald | 99 | TV Mönchweiler | N Ang |
| | Simon Hirschmiller | 96 | TGV Horn | N Ang |
| D35 BW (5) | | 3,6 km 80 Hm 14 P | | |
| 1 | Luise Kärger | 78 | TuS Karlsruhe-Rüppurr | 30:10 |
| 2 | Katja Schwind | 84 | OLG Ortenau | 33:39 |
| 3 | Eija Schulze | 78 | Gundelfinger Turnerschaft | 38:36 |
| 4 | Wiebke Martin | 77 | TGV Horn | 46:58 |
| 5 | Linda Kagelmacher | 85 | TV Mönchweiler | 48:54 |
| H35 BW (3) | | 3,6 km 100 Hm 15 P | | |
| 1 | Markus Prolingheuer | 72 | TuS Karlsruhe-Rüppurr | 27:14 |
| 2 | Marcus Schmidt | 66 | TSG Wiesloch | 35:33 |
| 3 | Stephan Haenelt | 79 | OL-Team Filder | 43:29 |

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|----------------------|---------------------------|--------------------------|------------------------------|---------|
| D45 BW (4) | | 3,2 km 70 Hm 14 P | | |
| 1 | Judith Pfleger | 74 | Gundelfinger Turnerschaft | 28:35 |
| 2 | Kirsten König | 62 | OLG Ortenau | 41:36 |
| 3 | Stefanie Greiselis-Bailer | 69 | LSG Weiher | 51:19 |
| 4 | Anke Breckle | 71 | TuS Karlsruhe-Rüppurr | 1:01:04 |
| H45 BW (4) | | 3,6 km 80 Hm 14 P | | |
| 1 | Rolf Wüstenhagen | 70 | Gundelfinger Turnerschaft | 27:07 |
| 2 | Andreas Hoferer | 74 | OLG Ortenau | 30:56 |
| 3 | Attila Váradi | 70 | OL-Team Filder | 37:19 |
| 4 | James Bryan | 72 | Gundelfinger Turnerschaft | 39:47 |
| D55 BW (4) | | 2,8 km 40 Hm 13 P | | |
| 1 | Ines Lepp | 66 | Turnverein Allmannsdorf 1906 | 36:11 |
| 2 | Uta Spehr | 63 | TuS Karlsruhe-Rüppurr | 52:54 |
| | Sonja Kühlewein | 66 | OL-Team Filder | N Ang |
| | Renate Hirschmiller | 68 | TGV Horn | N Ang |
| H55 BW (9) | | 3,5 km 75 Hm 14 P | | |
| 1 | Martin Herzog | 64 | OLG Ortenau | 29:52 |
| 2 | Franz Schmidt | 62 | TV Oberkirch | 32:34 |
| 3 | Hans Breckle | 68 | TuS Karlsruhe-Rüppurr | 33:44 |
| 4 | Stefan König | 63 | OLG Ortenau | 34:07 |
| 5 | Michael Witzel | 66 | Gundelfinger Turnerschaft | 35:08 |
| 6 | Thomas Bauerfeld | 68 | OL-Team Filder | 41:18 |
| 7 | Andreas Müller | 64 | OL-Team Filder | 50:17 |
| 8 | Andreas Müller | 62 | LSG Weiher | 1:29:46 |
| | Rainer Hirschmiller | 66 | TGV Horn | N Ang |
| D65 BW (4) | | 2,8 km 40 Hm 13 P | | |
| 1 | Eva König | 57 | LSG Weiher | 1:03:33 |
| 2 | Monika Dobler | 58 | OLG Ortenau | 1:06:15 |
| 3 | Petra Junker | 54 | TV Jahn 08 Zizenhausen | 1:11:09 |
| 4 | Beatrix Haenelt | 46 | OL-Team Filder | 1:16:38 |
| H65 BW (6) | | 3,2 km 70 Hm 14 P | | |
| 1 | Bernd Döhler | 54 | TuS Karlsruhe-Rüppurr | 34:03 |
| 2 | Ewald Eyrich | 55 | OLG Ortenau | 37:26 |
| 3 | Heinz Sigle | 52 | TGV Horn | 49:49 |
| 4 | Bernhard Gartner | 50 | OL-Team Filder | 1:06:07 |
| 5 | Hans Hartmann | 50 | TGV Horn | 1:14:01 |
| 6 | Martin Laue | 56 | OLG Ortenau | 1:19:01 |
| D/H-14 BW (3) | | 2,8 km 40 Hm 14 P | | |
| 1 | Emil Prodingheuer | 10 | TuS Karlsruhe-Rüppurr | 29:08 |
| 2 | Maria Kolomeiets | 11 | OLG Ortenau | 44:27 |
| | Lenya Stieler | 10 | TuS Karlsruhe-Rüppurr | Fehlst |